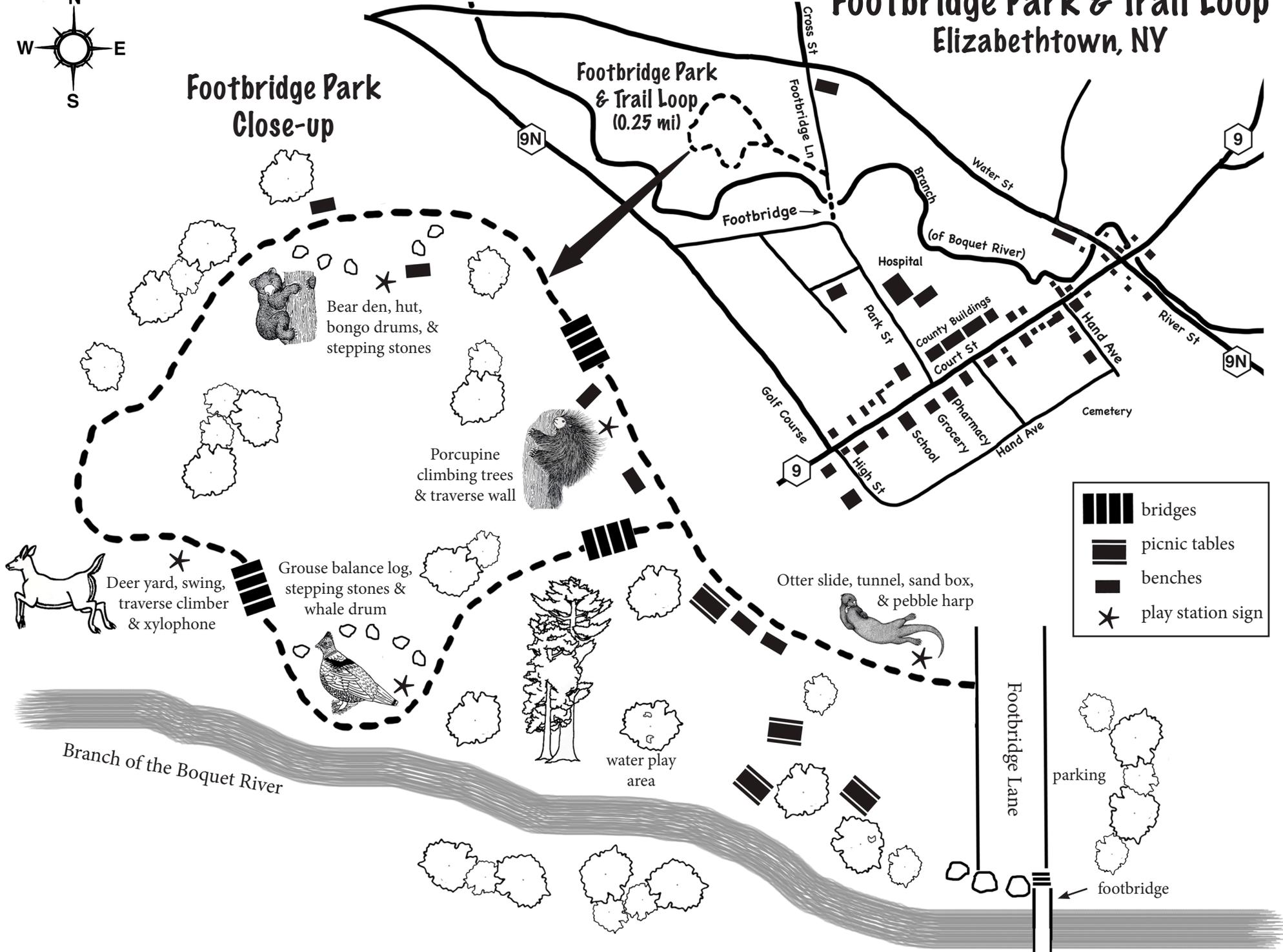
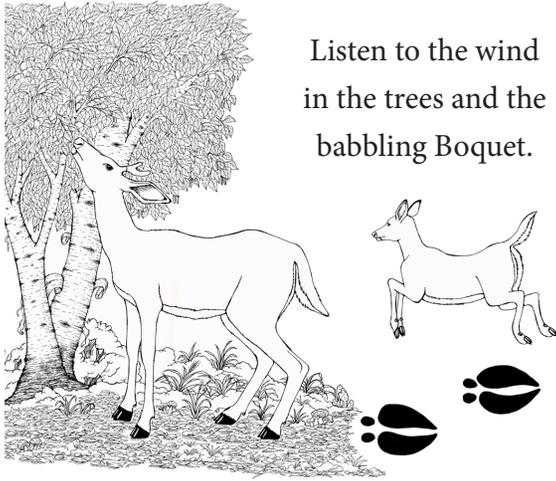


# Footbridge Park & Trail Loop Elizabethtown, NY

## Footbridge Park Close-up

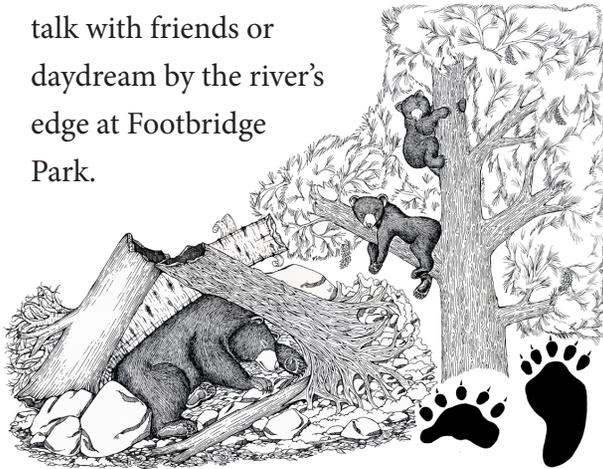




Listen to the wind  
in the trees and the  
babbling Boquet.



The Park encourages children to get  
outside, move, explore and enjoy nature.  
The path has benches along the way to rest  
and allows plenty of time to let the young  
ones play. Read a book, have a snack,  
talk with friends or  
daydream by the river's  
edge at Footbridge  
Park.

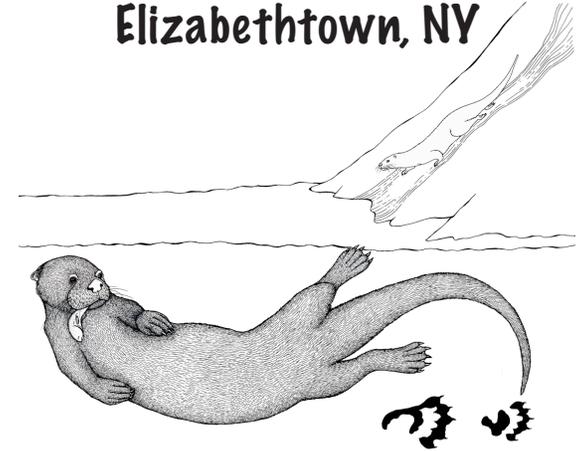


This park was funded by a grant from the New York  
State Department of Health and *Creating Healthy  
Places*, a program of Essex County Public Health.



# Footbridge Park & Trail Loop

Elizabethtown, NY

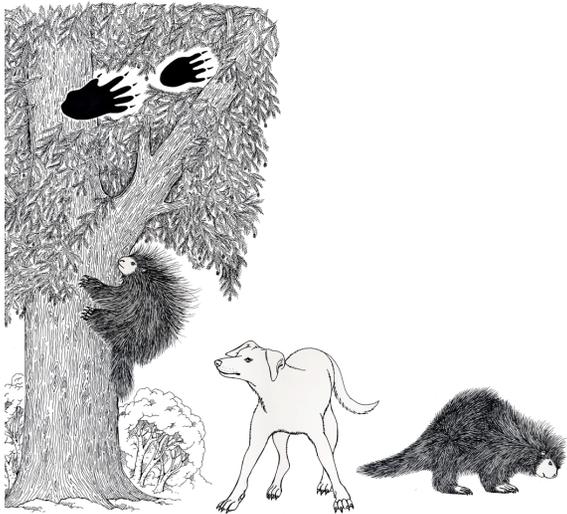


## Welcome to Footbridge Park!

This park and natural play path are inspired  
by nature and made for the everyone in the  
community to enjoy. Whether on foot or  
wheels (stroller or wheelchair!) this path  
allows your senses to be engulfed by nature.  
Connecting to nature rejuvenates the mind,  
body, and spirit. Take a walk today!



Look at and smell the many plant species  
that thrive here. Learn about and play like  
the animals that inspired the play stations.  
Make music with the outdoor instruments  
on the path as you stroll.  
Natural playgrounds and paths are  
becoming more popular across the nation  
because of their many benefits.



Footbridge Park illustrations by Sheri Amsel.